

## Participant Lost or Change Password — Explained

(1) If for some reason you lost your password or you would like to change your password you can go to the home page, and if logged in click on the logout link. Then click on the Lost Password link.

### Participant Log In

Registered email or Username

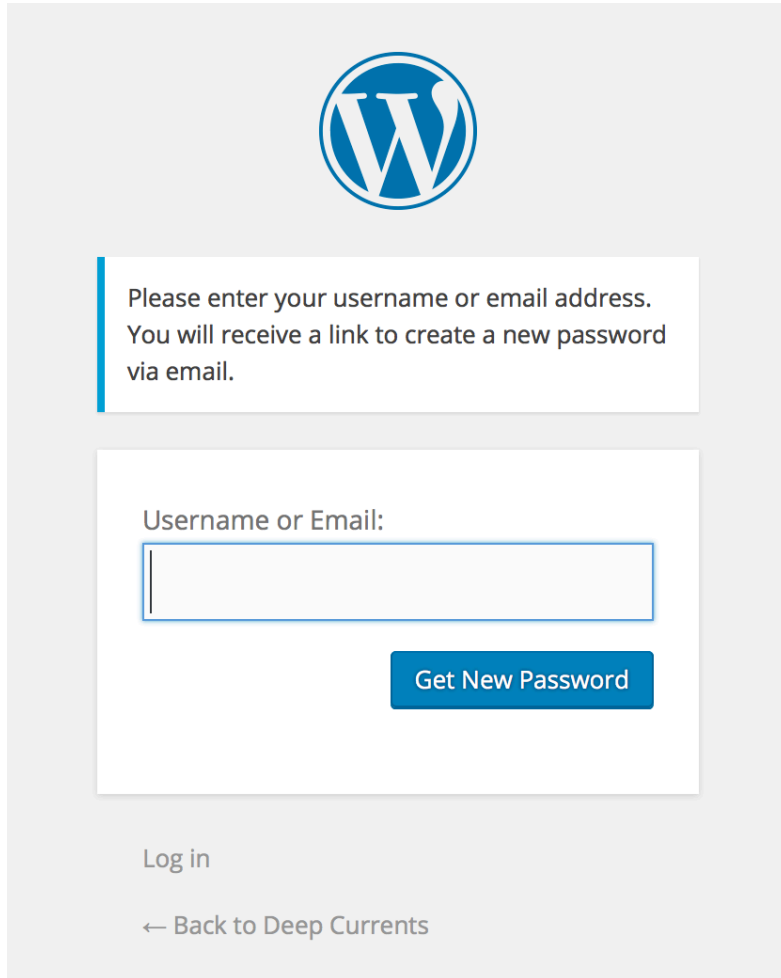
Password


Your password is case sensitive.

[Login →](#)

If you are unable to log in then click on this link: **Lost Password**. You will receive an email inviting you to reset your password.

There you will see this screen:





Please enter your username or email address.  
You will receive a link to create a new password  
via email.

Username or Email:

[Get New Password](#)

[Log in](#)

[← Back to Deep Currents](#)

(2) Enter your email and then Get New Password button. Then check your email for a link to reset your password.

To: **jonnystudent**  
From: **wordpress@deepcurrents.org**  
Subject: **[Deep Currents] Password Reset**  
Received: **Fri May 02 2014 16:24:33 GMT-0700 (PDT)**



Someone requested that the password be reset for the following account:

<http://deepcurrents.org/>

Username: [jonnystudent@mailinator.com](mailto:jonnystudent@mailinator.com)


If this was a mistake, just ignore this email and nothing will happen.

To reset your password, visit the following address:

<<http://deepcurrents.org/wp-login.php?action=rp&key=xSqTrxhTb6ihHIKbsUJu&login=jonnystudent%40mailinator.com>>

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(3) Click on the link in that email and you will get the following screen:



Enter your new password below.

New password

Confirm new password

Strength indicator

Hint: The password should be at least seven characters long. To make it stronger, use upper and lower case letters, numbers, and symbols like ! " ? \$ % ^ & ).

[Reset Password](#)

[Log in](#)

[← Back to Deep Currents](#)

**Note:** if you have trouble with the link in the email then copy and paste it into your browser. don't include the < >

It should look something like this:

